OVERVIEW

1.	HDMI	5.	SD card reader
2.	USB-C (USB 10Gbps), with USB PD 3.1 & DP 1.4	6.	USB-A (USB 5Gbps)
3.	USB-C (USB 10Gbps), with USB PD 3.1 & DP 1.4	7.	USB-A (USB 5Gbps), Always On
4.	Headphone / microphone combo jack (3.5mm)	8.	Kensington Nano Security Slot

PERFORMANCE

Processor

Processor Family

Snapdragon® X Plus or Snapdragon® X

Processor**

Processor Name	Cores	Max Frequency	Cache	Processor Graphics	NPU
Snapdragon® X Plus X1P-42-100	8	3.4GHz (single-core) / 3.2GHz (multi-core)	30MB Total	Qualcomm® Adreno™ GPU	Qualcomm® Hexagon™ NPU
Snapdragon® X X1-26-100	8	3.0GHz[1]	30MB Total	Qualcomm® Adreno™ GPU	Qualcomm® Hexagon™ NPU

Notes:

[1] Single-Core speeds up to 2.976 GHz / Multi-Core speeds up to 2.956 Ghz

AI (Artificial Intelligence)

AI PC Category

Copilot+ PC[1]

NPU

Integrated Qualcomm® Hexagon™ NPU, up to 45 TOPS

Notes:

[1] The AI features of Copilot+ PC require Windows® 11 to be installed.

Operating System

Operating System**

- Windows® 11 Pro (on ARM)
- Windows® 11 Home (on ARM)
- Windows® 11 Home Single Language (on ARM)

Graphics

Graphics

Graphics	Type	Memory	Key Features
Qualcomm® Adreno™ GPU	Integrated	Shared	DirectX® 12

Monitor Support

Monitor Support

Supports up to 4 independent displays (native display and 3 external monitors via HDMI® and USB-C®)
• HDMI® supports up to 4K@60Hz
• USB-C® supports up to 4K@60Hz

Chipset

Chipset

Qualcomm® SoC (System on Chip) platform

Memory

Max Memory

- 16GB soldered memory, not upgradable
- 32GB soldered memory, not upgradable

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Memory Type

LPDDR5x-8448

Storage

Storage Support[1]

One drive, up to 1TB M.2 2242 SSD

Storage Slot

One M.2 2242 PCIe® 4.0 x4 slot

Storage Type

Disk Type	Interface	Offering
M.2 2242 SSD	PCIe® NVMe®, PCIe® 4.0 x4	512GB / 1TB

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

Removable Storage

Card Reader

SD card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Qualcomm® WCD9385 codec

Speakers

Stereo speakers (super linear speakers), 2W x2, Dolby Atmos®

Microphone

Dual-microphone array with smart noise-cancelling

Camera

FHD 1080p, with privacy shutter, fixed focus

Battery

Battery

Integrated Li-Polymer 84Wh battery

Max Battery Life[1]

JEITA-BAT 3.0 (Video/Idle): up to 21.8 hr / 28.4 hr @200nits
Local video (1080p) playback@150nits: up to 30 hr

Notes:

[1] All battery life claims are approximate maximum and based on results using the MobileMark® 2014, MobileMark® 2018, MobileMark® 25, MobileMark® 30, JEITA 2.0, JEITA 3.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

Power Adapter

Power Adapter[1]

65W USB-C® (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz

Notes:

[1] AC adapter offerings depend on the country.

DESIGN

Display

Display**

Size	Resolution	Touch	Type	Brightness	Surface	Aspect	Contrast	Color	Refresh	Viewing	Key Features

						Ratio	Ratio	Gamut	Rate	Angle (L/R/U/D)	
16″	WUXGA (1920x1200)	None	IPS[1]	300nits	Anti-glare	16:10	1000:1	45% NTSC	60Hz	89° / 89° / 89° / 89°	TÜV Low Blue Light (Software)
16″	WQXGA (2560x1600)	None	IPS[2]	350nits	Anti-glare	16:10	1200:1	100% sRGB	120Hz	89° / 89° / 89° / 89°	Factory color calibration, Eyesafe® Certified 2.0

Color Calibration

- TCON (Timing Controller) color calibration
- No color calibration

Touchscreen

Non-touch

Notes:

[1], [2] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Input Device

Pen

No support

Keyboard

6-row, spill-resistant, multimedia Fn keys, numeric keypad, Copilot key

Keyboard Backlight

LED backlight

Touchpad

Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 80 x 135 mm (3.15 x 5.31 inches)

Mechanical

Dimensions (WxDxH)[1]

356.4 x 248.4 x 16.7 mm (14.03 x 9.78 x 0.66 inches)

Weight[2]

Starting at 1.82 kg (4.02 lbs)

Case Color

Luna grey, dual-tone design

Surface Treatment

Anodizing sandblasting

Case Material

Aluminium (top), aluminium (bottom)

Notes:

[1] The system dimensions may vary depending on configurations.
[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

CONNECTIVITY

Network

Ethernet[1]

No onboard Ethernet

WLAN + Bluetooth®[2]

Wi-Fi® 7, 802.11be 2x2 Wi-Fi® + Bluetooth® 5.3 (Bluetooth® 5.4 hardware ready)[3]

WWAN

No support

Notes:

[1] Ethernet support via optional Lenovo® USB-C® to Ethernet Adapter.

[2] Bluetooth® may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

[3] 6GHz Wi-Fi® 7 operation is subject to the regulation rules in each country.

Ports[1]

Standard Ports

- 2x USB-A (USB 5Gbps / USB 3.2 Gen 1), one Always On
- 2x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.1 and DisplayPort™ 1.4
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x SD card reader

Notes:

[1] The transfer speed of the ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

SECURITY & PRIVACY

Security

Security Chip

Microsoft® Pluton TPM 2.0 Enabled

Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

Fingerprint Reader

Touch style fingerprint reader integrated in power button, match-on-chip

BIOS Security

- Hard disk password
- Power-on password
- Supervisor password
- User password
- Self-healing BIOS
- More BIOS security features, please visit BIOS Simulator[1]

Other Security

Camera privacy shutter

Notes:

[1] The BIOS simulator is just for reference. Default settings and some options may vary depending on the hardware, operating system and BIOS version.

SERVICE

Warranty

Base Warranty**

- 1-year courier or carry-in service
- 2-year (1-yr battery) courier or carry-in service

ACCESSORIES

Bundled Accessories

Bundled Accessories[1]

None

Notes:

[1] For more compatible accessory solutions, please visit Accessories for ThinkBook® 16 G7 QOY.

OPERATING REQUIREMENTS

Operating Environment

Temperature[1]

- At altitudes up to 2438 m (8,000 ft)
  - Operating: 5°C to 35°C (41°F to 95°F)
  - Storage: 5°C to 43°C (41°F to 109°F)
- At altitudes above 2438 m (8,000 ft)
  - Maximum temperature when operating under the unpressurized condition: 31.3°C (88°F)

Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

ENVIRONMENTAL

Sustainability

Material[1]

30% PCC recycled plastic used in the battery pack enclosure
50% PCC recycled plastic used in key caps
30% PCC recycled plastic used in speaker
90% PCC recycled plastic used in standard 65W adapter
90% recycled content in PIC cushion
100% use of paper in screen sheet
90% recycled content in OBP bag
FSC certified content in carton and accessory box

Notes:

[1] PCC: Post Consumer Content, recycled materials from customers.

CERTIFICATIONS

Green Certifications[1]

Green Certifications[2]

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered[3]
- ErP Lot 6/26
- RoHS compliant
- TCO Certified 9.0

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration. For ESG & regulatory compliance documents, please visit https://compliance.lenovo.com.
[2] EPEAT™ registration and ENERGY STAR® certification are optional and only available on the models with preloaded OS. Please visit epeat.net and energystar.gov for more information.
[3] EPEAT™ is registered where applicable, please visit epeat.net for registration status by country.

Other Certifications

Mil-Spec Test

MIL-STD-810H military test passed

Other Certifications

- (Optional) Eyesafe® Certified 2.0
- (Optional) TÜV Rheinland® Low Blue Light (Hardware Solution)
- (Optional) TÜV Rheinland® Low Blue Light (Software Solution)

- Feature with ** means that only one option listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
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Copilot+PC

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